



Microcreamery

Bliss Grape Nut Ice Cream

Item number: 50838

Description: Vanilla ice cream with Grapenut™ cereal

Ingredients: Milk, cream, sugar, corn syrup, skim milk, Grapenut cereal (whole grain wheat flour, malted barley flour, salt, dried yeast), vanilla flavoring, and stabilizer (mono & diglycerides, guar gum, locust bean gum, and carrageenan, standardized with dextrose).

Allergens: Milk, Wheat



Nutrition Facts	
72 servings per container	
Serving size	2/3cup (88g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 60mg	3%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 12g Added Sugars	24%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 90mg	6%
Iron 1.1mg	6%
Potassium 140mg	2%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Attleboro, MA - Plant # 25-40

Rev. 2/20/2025