



Microcreamery

## Bliss Grape Nut Ice Cream

Item number: 50838

Description: Vanilla ice cream with Grapenut™ cereal

Ingredients: Milk, cream, sugar, corn syrup, skim milk, Grapenut cereal (whole grain wheat flour, malted barley flour, salt, dried yeast), vanilla, and stabilizer (locust bean gum, guar gum, carrageenan).

Allergens: Milk, Wheat



<b>Nutrition Facts</b>	
72 servings per container	
<b>Serving size</b>	<b>2/3 cup (88g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>210</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 45mg	<b>2%</b>
<b>Total Carbohydrate</b> 23g	<b>8%</b>
Dietary Fiber < 1g	<b>2%</b>
Total Sugars 15g	
Includes 14g Added Sugars	<b>28%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 1.3mg	8%
Potassium 150mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Attleboro, MA - Plant # 25-40

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